

# Suburb Experts

Tuesday 20 April

Professor Gill Livingston with Rabbi Alan Plancey

## Dementia - Causes, Prevention, and Ways of Coping

Talk 7:45 pm | Dinner & Discussion 8.45 - 10.45 pm

Gill will begin with a general overview of dementia and Alzheimer's disease. She will talk about the exciting current progress regarding the causes of the illness and ways of preventing it. This will be followed by a discussion on the effects of the disease on the patient's family including the legal, practical and emotional aspects, and the ways in which relatives can cope.

**GILL LIVINGSTON** is an academic psychiatrist and Professor of psychiatry of older people at University College London. She is a researcher and teacher as well as a consultant psychiatrist in the NHS, working in North Islington - an area which gives her the privilege of seeing people from a diverse range of cultural and social backgrounds.

Gill works currently in a memory clinic, seeing people of all ages who experience memory disorders, and is also attached to a community mental health team. Her research interests include dementia as it is manifested in different sub-groups of the population (e.g. in the black Caribbean Community or among people with learning disabilities). This comparative work helps us to understand more about the symptoms and causes of dementia. She is also interested in family carers; their stress, distress and coping and in abuse of people with dementia.

Gill is also working with Jewish Care on a research project designed to find ways of improving end-of-life care for people with dementia who are living in care homes.

In the Max Weinbaum Hall | Includes a fish and chips dinner

Booking Form - Tuesday 20 April - £17.50 per person

**PLEASE COMPLETE IN BLOCK CAPITALS**

We are NOT opening these events to an outside audience, but members are welcome to bring personal guests. (No more than 4 please!)

**IT IS ESSENTIAL TO BOOK ON TIME: PLEASE BOOK BY TUESDAY 13 APRIL**

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