

The HGS TRIBE TIMES

December 2010 / January 2011
Tevet/Shevat 5771



It's YOUTH!

This week we read "Bo" which is about the last 3 of the 10 plagues and the escape from Egypt after 210 years. Having suffered so much, Pharaoh seems to weaken and agrees to let the elders of Israel free, but *not* the youth. Moses on the other hand does not even consider this as an option and insists that *all* of Israel leave Egypt, mentioning the youth first. Why was there this tug of war specifically about the young?

Pharaoh and Moses understood that the survival of a people depends solely on its youth. It is up to the elders to educate the youth, but for a nation to continue, it is the younger generation that have to actively make that happen.

This term, as well as the weekly Youth Service, the Shul is running more programmes, more events and more activities for all of you- but to keep it going, to keep your Shul, to keep all your traditions alive, you have to care and take part.

Looking forward to seeing ALL of you this term.

Shabbat Shalom - Rachel, Jonny, Saul and Franny

malaria
NO MORE

SAVE A LIFE DAY

After Shabbat on 11 Dec, the Shul held its first Save A Life Day. The Max Weinbaum Hall was the venue for a variety of stalls promoting a healthy lifestyle and encouraging people to help give life to others. Among the many activities, you could sign up to be on the bone marrow register, test your fitness with the Tour De France bicycle challenge and be inspired by talks on successful weight loss.

At HGS Tribe, we made our mark by raising £132 for Malaria No More UK. This is a charity that raises money for mosquito nets to protect African families from malaria and aims to eradicate the disease by 2015. With every £5 raised, MNM UK can buy 1 mosquito net which protects up to 2 people for 5 years - that means we managed to save 52 lives!



At Club 56, the girls made an outstanding poster of a superhero - "Lifesaver" and we based our stall on their idea with Saul dressing up as a very convincing Mr Incredible. We raised money by charging people to play the game 'operation' and gave successful surgeons a Cadbury's Hero for their efforts.

Thanks so much to Nathalie Goldstein, Rachel Cope-Thompson, Olivia Aaronson, Ollie Davidson and all the girls at Club 56!

SHABBAT YOUTH SERVICE TIMES

Big Breakfast	9.30 - Flat
Shacharit	9.45 - Youth Centre/Shul
CHAT	11.00 - Flat
Kiddush	After service - Flat

**BE
IN
TOUCH**



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Hgss youth

Mitzva Da

Mobilising tens of thousands of Jews and people of other faiths this year and has been applauded by leaders such as David Sarah Callman organised a host of activities at the Shul aimed Here's what we were doing on MDUK2010:

HAMMERSON HOUSE

In the morning, the Year 6 Cheder class were taken to Hammerson House, the local old age home. Zoe Carciente was our liaison and she organised for different board games to be placed on tables throughout the room and for the pool table to be taken out. I was amazed by the ease at which the children interacted with the residents without any introduction or encouragement. They split up and went individually, or in twos, to different people sitting around the room, made conversation with them and within a matter of minutes, had begun games of scrabble, rumikub and even pool.

The Home had also bought some flowers which they needed arranging into several bouquets for a birthday party later that after-

noon which the girls did brilliantly.

They also needed help cataloguing some books in the activity room and three girls made good progress with this.

One lady was disappointed that we had not organised any music and was about to return to her room when Anoushka Sharp sweetly offered to play some piano...and what impressive playing it was!!! We all stopped to enjoy hearing this 11 year old play like a professional and it really lightened the mood.

My highlight however was seeing 92 year old Mrs Lightman thrash our Benjamin Harris at pool - both claimed that they had never played before but I have my suspicions!



y UK 2010



around the country, Mitzvah Day was a great success again
Cameron, Tony Blair and the Archbishop of Canterbury.
mainly at younger children – and HGS Tribe took part too.



**A big round of applause to all of you who came and
made this such a great success.**

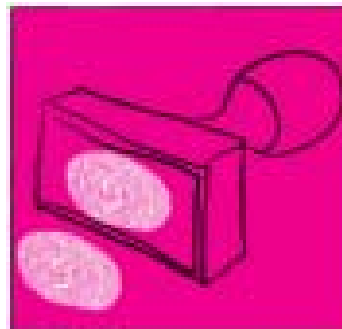


Norwood



At 11 am we went to Norwood's Kennedy Leigh Centre in Hendon to help out about the place. Bagels were buttered, salad was prepared and olives were pitted as we helped prepare dinner for that evening.

It is also important that the toys that are used by the residents are cleaned every so often, and we were there to help make sure that everyone remained healthy and germ free! The Norwood staff were really happy that we could offer them so much help and say a huge "Thank you" to everyone involved especially Yakira, Ollie, Emily and Harry.



BEIS HATAVSHIL

To top everything off, we took three Year 10 boys to Beis HaTavshil, the soup kitchen in Stamford Hill for which Years 9 and 10 have been making sandwiches over the last year and a half. We went together with some of the Youth from Golders Green Shul. It was a humbling experience to say the least.

We had an interesting introduction by the three founders of the soup kitchen. They explained how they together with a paid cook raise money for and prepare over 150 warm meals a day for those who would otherwise not have one. Recipients are not just those that cannot afford to provide a daily warm meal for their family but also families where the mother is unwell, physically or mentally, or has died.

Once people started to arrive, the boys stayed in the kitchen and dished out the food and the girls were busy in a room at the back preparing take-away parcels that would be delivered to various families across North West London – families known to be in need. Each package included soup, chicken, rice and a vegetable dish (either tomato salad, *tzimmus* or beans). About 60 packages were prepared.



After the diners had left and we had helped tidy up, we re-grouped with the organisers to discuss how we felt about what we saw and any questions we had or improvements we could suggest. It was observed that no women came to collect meals. The organisers explained that despite the great service that Beis HaTavshil provides, it is still very hard for people to come and essentially beg for food – it represents a loss of dignity that is more profound for women than men.

Well done Clark Norton, Saul Nagus and Avi Goldberg for your brilliant work.

We have seen with our own eyes how worthwhile a cause this is but know that funding such an operation is not easy. If anybody wishes to raise money for (or ask their parents to donate to) this organisation, please contact Rachel at youth@hgss.org.uk for more information.



YOU are invited to create...

THE WORLD'S BIGGEST JEWISH FRUIT SALAD

all ages welcome!

please bring fruit on the night or drop it off on Friday to be distributed on Sunday to local homeless shelters

Motzei Shabbat 15 January 2011 * Max Weinbaum Hall * 6:00 - 9:30 pm

 **HGSS** for more information contact rabbianthony@hgss.org.uk

CALLING YOUNG VOLUNTEERS

HGS Tribe need each and every one of you to do your bit to make sure that this year's fruit salad event is HUGE! Here are some ways in which you can help:

- Donate fruit - bring fruit to shul on Friday or after Shabbat
- Make fruit salad - come on Saturday night (15 Jan) to help hull, halve and heap the fruit into containers
- Help deliver - pair up with a friend and help our drivers deliver the fruit salads to shelters across London on Sunday 16 Jan

Sign up by texting **07961 844 933** with your name and what you want to do and be part of something amazing.

Suggestion box

Jake Sugarman

The new youth leaders arrived in June and they have come up with an innovative idea of setting up a committee that involves members of the youth and is designed to improve the youth.

As year ten representative for the youth I have three main aspirations. Firstly, I have been disappointed with the recent lack of people that are showing up to the youth service and the times at which they are arriving. I have come up with an idea to conquer this issue. A Rota should

be arranged where ten people are called upon Monday of each week to commit to arrive at 9.30 the following Shabbat. This will prevent a late running service. Members will get a call every three or four weeks. Secondly, I am keen to organize speakers to come in on a monthly basis to speak to the youth. Finally, from a year ten perspective, I would like to arrange a luncheon with the youth leaders to take place on a three month basis either at a year ten member's house or at the flat.



SEND US YOUR IDEAS ON HOW TO IMPROVE YOUR YOUTH SERVICE, EVENTS & ACTIVITIES



LEARN2LEAD

The new year also marks the halfway mark in the Learn2lead premiership

YEAR 9

Week 1: Boasting a full squad, Year 9 arrived at their first match with high expectations. Due to a last-minute substitution, an ever prepared Simon Johnson stepped onto the pitch to deliver a stunning introduction to leadership which ensured that the team made it to the next game.



YEAR 10

Week 1: After last year's success, Year 10 knew to expect the highest calibre at the Learn2Lead premiership and their first match was a big one, with Rabbi Mirvis coming to speak about dealing with difficult people.

Week 2: Year 10's second game tested their physical strength and they went to St John's Wood to learn the art of Krav Maga – an Israeli form of self defence that has become very popular around the world.



Week 4: With a game in hand, Year 10 picked up more points in Week 4, when they were reminded of the trials they faced last season during their rigorous First Aid course. Being a stronger and more mature team, they breezed through this First Aid refresher.

Week 3: Due to poor weather conditions, the third game got cancelled which means slight match congestion in the latter part of the season.

HALF TIME ANALYSIS

and is a great opportunity to look at the highs and sighs of the season so far...



Weeks 2 & 3: Having started on a high, Year 9 needed to consolidate with back-to-back matches in First Aid. They showed stamina, skill and determination as they learnt the techniques of DARHAM and conquered the often tricky CPR (cardiopulmonary resuscitation).

Week 4: Last month, Year 9 proved their ability to work as a team as they faced the ultimate teamwork challenge. Using Golders Green Road as our stadium, we held a 4-aside contest dividing the year into 3 teams. In true apprentice style, the challenge was to buy 6 items for the minimum fee all in 40 minutes. Unfortunately two teams were red-carded – despite showing some real genius, the blues could not produce receipts as required and the reds had their eyes so fixed on goal that they lost track of time, arriving at the finish line late. Well done to the winners (in photo below) who demonstrated an ability to score goals without letting down their defences.



Although already half way through L2L, we are still happy to accept new applications at a pro-rata price. There is a great programme ahead, so it is still well worth it. To sign up, or for more information about the programme, please call **07961 844 933** or email youth@hgss.org.uk

If you have been attending, but have not yet returned your application form, please do so ASAP.



For those interested in doing the Bronze DofE

JLGB will be running training for the expedition in the Youth Centre every Monday evening from **10 Jan to 14 Feb** (inclusive) from 6.30 – 8.30 pm.

There will be a practice expedition over the first Bank Holiday in May and the actual expedition will be over the second **May Bank Holiday**.

Friday Nights with Jonny and Saul



YEAR 9 - 14 JAN

YEAR 7 - 21 JAN



PLEASE RSVP TO YOUTH@HGSS.ORG.UK

**Join your Bogrim for dinner
in the Shul Flat**

